

Preliminary *in vitro* evaluation of the cytoprotective effects of clarified *açaí* (*Euterpe oleracea* MART.) pulp on African green monkey kidney cells (VERO) treated with the antifungal fluconazole

Pereira ALT¹, Santos TS¹, Guimarães AC¹, Muto NA², Rogez H², Burbano RMR¹ & Bahia M de O^{1*}

¹Laboratório de Citogenética Humana e Genética Toxicológica, Instituto de Ciências Biológicas, Universidade Federal do Pará (UFPA), Belém-Pará, Brazil

²Centro de Valorização de Compostos Bioativos da Amazônia, Universidade Federal do Pará (UFPA), Belém-Pará, Brazil

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Açaí (*Euterpe oleracea* MART.) has been the target of several studies due to its strong antioxidant potential and possible cytoprotective effect, thus providing health benefits to the population. Fluconazole is a widely known and used drug in the treatment of fungal diseases. However, the literature shows that this drug can show cytotoxic effects, as well as cause DNA damage. In this regard, the present study aims to assess the putative cytoprotective effect of clarified *açaí* (CA) pulp extract on VERO cells exposed to fluconazole. It was observed in the MTT assay that CA was able to increase the viability of cells exposed to the antifungal agent in three different times of exposure (24, 48 and 72 h). Similarly, the results of the comet assay demonstrated that CA was able to decrease the genotoxic effects of fluconazole significantly. Thus, we conclude that, under the assessed conditions, CA shows cytoprotective effects against the damage caused by fluconazole.

Keywords: Antioxidant, Comet assay, Cyanidin 3-glucoside, Cytoprotective, Fluconazole, Fungal diseases, Genotoxic, Isoorientin, Microgel electrophoresis (MGE), Single cell gel assay (SCG), Water palm

The *açaizeiro* (*Euterpe oleracea* MART.) is a palm tree endemic to the Amazon region and is of great commercial importance and nutritional value in the diet of the Brazilian population. The state of Pará is the largest national producer of *açaí* (the fruit from the *açaizeiro*) and because of its cultural importance, it has become a symbolic fruit in the diet of the state, contributing to the economic development of the region¹. The fruit of the *açaizeiro* is used to make juice, pulp or simply *açaí*, as it is known in the region. The word *açaí* comes from the indigenous Tupi language "yasa'y"(i), which means "water palm". *Açaí* pulp or juice is usually eaten with manioc flour, which is combined with fish, shrimp, or beef, and is the staple food of riverside communities². In addition to providing *açaí*, which is widely consumed as a food, the *açaizeiro* is also commonly used in folk medicine³. Its roots are used to treat malaria⁴ and leishmaniasis⁵; the oil extracted from the fruit is also used to treat diarrhea⁶. In this respect, this fruit has been the target of several studies due to these

beneficial effects on health in general since its juice/pulp is consumed almost daily in some regions of the country. Among the studies that support the beneficial effects of regular *açaí* intake are those that show the strong antioxidant potential of the fruit, mainly due to the presence of polyphenols in its constitution^{7,8}.

Other studies show the anticarcinogenic effect of *açaí* in animal models of bladder, esophageal, and colon cancers, among several others⁹. *Açaí* has also been shown to be a potential photosensitizer in photodynamic therapy against cancer¹⁰ and proved effective in protecting against arterial stiffness in individuals with excess weight¹¹. In addition, *açaí* seems to have no genotoxic effects on normal cells *in vitro* or in *in vivo* models¹². Besides showing no cytotoxic or genotoxic effects, it is suggested that *açaí* may act as a cytoprotective agent. Ribeiro *et al.*¹³ demonstrated that the fruit, while not inducing genotoxicity in Swiss albino rats, protected their cells against the genotoxic effects of doxorubicin, an antitumor drug used in clinical and experimental oncology.

*Correspondence:
Phone: +55 91 32017102
E-Mail: mbahia@ufpa.br

The triazole antifungal fluconazole (2-(2,4-difluoro phenyl)-1,3-bis(1H-1,2,4-triazol-1-yl)-2-propanol) is a

synthetic compound containing three nitrogen atoms in the azol ring¹⁴. Its mechanism of action is based on the inhibition of the oxidative enzyme lanosterol 14- α -demethylase, which is associated with cytochrome P450 and is essential in the bioregulation of cell membrane fluidity, asymmetry, and integrity¹⁵. Fluconazole has a broad spectrum and is used to treat infections caused by various pathogenic fungi¹⁶.

Fluconazole is used in the clinic for prophylaxis and treatment of oropharyngeal and esophageal candidiasis in AIDS patients, as well as in neutropenic patients, or those who have undergone surgical procedures and developed invasive candidiasis¹⁷. Despite its wide use, Correa *et al.*¹⁸ reported that fluconazole increases the DNA damage index (DI) and the frequency of micronucleus of VERO cells. The authors also demonstrated that fluconazole is both a necrosis and a reactive oxygen species (ROS) inducer. Fluconazole also induced genotoxicity, mutagenicity, and cytotoxicity in human peripheral blood mononuclear cells (PBMCs)¹⁹.

Since this antifungal is widely used, it is of interest to develop studies that evaluate compounds that protect cells against the aforementioned effects. Thus, in the present study, we explored whether clarified açai (CA) pulp extract can act as a cytoprotective agent against fluconazole-induced cytotoxicity and genotoxicity in VERO cells.

Material and Methods

Cell line cultures and treatments

VERO cells, obtained from African green monkey (*Cercopithecus aethiops*)²⁰ kidney epithelial cells, were purchased from the Banco de Células do Rio de Janeiro (BCRJ - Rio de Janeiro Cell Bank). Cells were cultured in DMEM supplemented with 10% SBF, 0.1 mg/mL streptomycin, and 99 U/mL penicillin and maintained in a 5% CO₂ incubator at 37°C. Cells were subcultured 2-3 times per week. Pure grade fluconazole (CAS: 86386-73-4) was obtained from Sigma Chemical Co. (St. Louis, MO, USA). The chemical structure of fluconazole (2-(2,4-difluorophenyl)-1,3-bis(1H-1,2,4-triazol-1-yl)-2-propanol) is shown in Fig. 1. The drug was dissolved in pure dimethyl sulfoxide (DMSO) (CAS 67-68-5, Sigma Chemical Co, St. Louis, MO, USA) in order to achieve less than 1% (v/v) final concentration of DMSO in the cultures. The experimental groups were as follows: Gr. I: negative control where cells grown

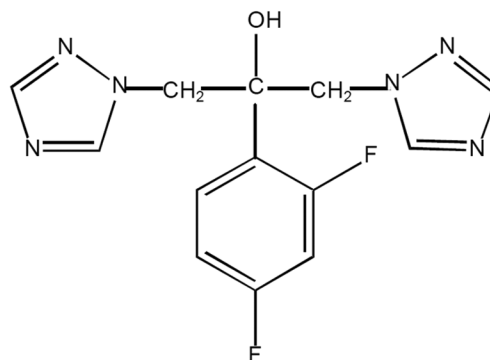


Fig. 1 — Chemical structure of fluconazole

only in the presence of DMEM culture medium; Gr. II: positive control where cells were treated with a single concentration of 1306 μ M fluconazole; Gr. III-V: cells treated only with CA at three different concentrations (50 μ g/mL; 100 μ g/mL and 200 μ g/mL); Gr. VI-VIII: simultaneous CA + fluconazole treatment (50 μ g/mL CA + fluconazole 1306 μ M; 100 μ g/mL CA + fluconazole 1306 μ M and 200 μ g/mL CA + fluconazole 1306 μ M), and the experiments were performed in triplicate. The fluconazole concentration used was taken from Correa *et al.*¹⁸, while the CA concentrations were chosen from Martinez *et al.*²¹.

Clarified açai (CA) pulp extract

Amazon Dreams (Belém - Pará - Brazil) kindly provided the açai (clarified pulp extract) used in this study. The process to produce the pulp was licensed by the company and by the Federal University of Pará (PI 8 1003060-3) and includes microfiltration and centrifugation of the juice prepared with fresh fruit²². In order to quantify the anthocyanins and the main flavonoids present in the clarified pulp, two validated UHPLC-DAD methods were used^{23,24} with the standard compounds (orientin, homoorientin, taxifolin, cyanidin 3-glucoside, and cyanidin 3-rutinoside) purchased from Extrasynthèse.

Cell viability assay (MTT)

For the analysis of cell viability by the yellow tetrazolium salt [(3-(4,5-dimethylthiazol-2-yl)-2, 5-di phenyltetrazolium bromide] (MTT) assay, 96-well plates with 5×10^3 , 4×10^3 and 3×10^3 cells per well were used at 24 h, 48 h and 72 h of treatment, respectively. After treatment, 100 μ L of MTT (5000 μ g/mL) was added to the cells for 3 h. Then, the MTT was removed and 100 μ L of DMSO (Sigma Chemical Co, St. Louis, MO, USA) was added to the wells. Subsequently, the DMSO was read in a spectro-

photometer ($\lambda=562$ nm). Cell survival was calculated according to the percentage of absorbance relative to the absorbance of the control.

Comet assay (alkaline version)

For this assay, 0.18×10^6 cells/well were seeded in 12-well culture plates (Corning) for 20 h. The cells were subsequently incubated for 3 h with CA and fluconazole as described above. After 3 h of treatment, a sample (450 μ L) was collected from each group and centrifuged (900 g/5 min) in a microcentrifuge (Eppendorf). The remaining pellet was mixed with 300 μ L of low melting point agarose (0.8%) and placed on slides pre-coated with normal melting point agarose (1.5%). The slides were then covered with coverslips. The slides were kept at 4°C for 5 min until the agarose polymerization. After this period, the coverslips were removed, and the slides were immersed in ice-cold lysis solution (2.5 M NaCl, 100 mM EDTA, 10 mM Tris, 1% Triton X-100, and 10% DMSO; pH: 10) for 5 min and kept at 4°C protected from light. After lysis, the slides were subjected to electrophoresis with a freshly prepared electrophoresis solution (1 mM EDTA, 300 mM NaOH; pH ≥ 13) at 4°C. Electrophoresis was performed at 34 V (0.8 V/cm⁻¹) and 300 mA for 25 min. After electrophoresis, the slides were placed in distilled water at 4°C for 5 min for neutralization and fixed in ethanol (3 min). The slides were stained with ethidium bromide (20 μ g/mL). One hundred cells were analyzed per sample (50 cells from two different slides) using a fluorescence microscope (OLYMPUS BX41). The Damage Index (DI) was determined by visualization under the microscope according to the size and intensity of the comet tail (halo). Considering these criteria, 5 categories (0-4) were obtained, namely, 0 = no damage (<5%); 1 = low level of damage (5-20%); 2 = medium level of damage (20-40%); 3 = high level of damage (40-95%) and 4 = total damage (95%)^{25,26}. The formula used for DI was: DI (au): $[(N1 * 1 + N2 * 2 + N3 * 3 + N4 * 4)]/100$ (total number of cells analyzed), where DI is the damage index, au is arbitrary unit and N1-N4 are the cells in categories 1, 2, 3 and 4.

Statistical analysis

Statistical analysis was performed using BIOESTAT 5.0 software considering *P*-values <0.05 as significant. For parametric data sets, statistical analysis was performed using ANOVA followed by the Tukey test. For non-parametric data sets, the Kruskal-Wallis test followed by the Dunn test was used.

Results and Discussion

According to the UHPLC-DAD techniques cited in the *Material and Method* section, CA presented five main phenolic compounds, all expressed in 100 mL of pulp: 38 mg orientin, 25 mg homoorientin, 31 mg taxifolin deoxyhexose, 18 mg cyanidin 3-glucoside and 45 mg cyanidin 3-rutinoside.

The cell viability assay (MTT) (Fig. 2), carried out at three different exposure times, showed that CA increases the viability of VERO cells exposed to fluconazole. At the 24 h treatment, this increased cell viability was observed to occur at the 100 μ g/mL CA + fluconazole (*P* <0.05) and 200 μ g/mL CA + fluconazole (*P* <0.01) co-treatments. Also, in the 24 h treatment, a significant decrease in cell viability was observed at the 200 μ g/mL CA concentration (*P* <0.05) when compared to the negative control. At the 48 h treatment, increased cell viability was observed only at the 200 μ g/mL CA + fluconazole co-treatment (*P* <0.05). On the other hand, at this same treatment time, a significant decrease in cell viability was observed at the 100 μ g/mL CA (*P* <0.05) concentration compared to the negative control. The 72 h treatment demonstrated a significant increase in cell viability only at the 200 μ g/mL CA + fluconazole co-treatment (*P* <0.05). All single concentrations of fluconazole significantly decreased the viability of VERO cells when compared to their respective controls (24 h, *P* <0.01; 48 h, *P* <0.05; 72 h, *P* <0.05).

The data obtained in the comet assay showed that as the concentrations of CA increased in the co-treatments, the lower the DI was (Fig. 3). The differences were significant in the three co-treatments (50 μ g/mL CA + fluconazole (*P* <0.01; DI=2.45), 100 μ g/mL CA + fluconazole (*P* <0.01; DI=2.14) and 200 μ g/mL CA + fluconazole (*P* <0.01; DI=1.89) compared to treatment with fluconazole alone (DI=3.42). Fluconazole DI (3.43) was significantly different (*P* <0.01) from the control (DI=0.65). A significant decrease in damage indices was also observed for the 100 μ g/mL CA (*P* <0.05; DI=0.46) and 200 μ g/mL CA (*P* <0.01; DI=0.36) concentrations compared to control (DI=0.65). A significantly high percentage of cells with damage 4 was observed in the fluconazole treatment (*P* <0.01) compared to negative control. There was also a significant decrease in the number of cells with damage 4 in the three co-treatments (*p*<0.01) when compared to the fluconazole treatment (Table 1).

Table 1 — Distribution of damage classes observed in VERO cells by comet assay after 3 h of treatment

Treatments	Damage classes [#] by Comet assay (mean ± standard deviation) %					No. of cells
	0	1	2	3	4	
Gr. I (negative control)	70.33±1.53	12.00±1.00	6.33±1.53	4.67±0.58	6.67±0.58	300
Gr. II Fluc (1306 µM) (positive control)	5.00±2.65	3.67±2.08	6.00±3.00	14.67±2.08	70.67±1.53*	300
Gr. III 50 µg/mL CA	70.33±3.51	15.33±5.51	7.00±1.00	4.00±1.00	3.33±0.58	300
Gr. IV 100 µg/mL CA	73.00±1.00	16.67±3.06	5.00±1.00	3.67±1.53	2.67±0.58	300
Gr. V 200 µg/mL CA	80.67±3.21	10.33±2.31	3.00±1.00	2.67±0.58	2.67±0.58	300
Gr. VI 50 µg/mL CA+fluc	12.33±0.58	13.00±1.73	23.00±3.00	21.00±4.00	30.67±1.15 [#]	300
Gr. VII 100 µg/mL CA+fluc	16.67±1.53	21.33±1.53	18.00±1.73	19.00±2.00	25.00±1.00 [#]	300
Gr. VIII 200 µg/mL CA+fluc	20.33±1.53	29.00±2.65	15.67±1.15	11.67±0.58	23.33±2.08 [#]	300

[[#]Damage classes: 0 = no damage; 1 = low level of damage; 2 = medium level of damage; 3 = high level of damage; 4 = total damage. CA: clarified açai; Fluc: fluconazole. **P* <0.01 compared to negative control. [#]*P* <0.01 compared to positive control (fluconazole) (ANOVA/Tukey post-test). Mean of three experiments]

The MTT colorimetric test is a widely used cell viability indicator that assesses the ability of mitochondria to metabolize and reduce, via mitochondrial dehydrogenases, the MTT tetrazolium salt into a blue/purple product called formazan. This product can be quantified by spectrophotometry in viable cells²⁷. Our results with the MTT assay demonstrated that CA increases the viability of cells exposed to fluconazole, especially at the concentration of 200 µg/mL (Fig. 2). Similar results were reported by Monteiro *et al.*²⁸. These authors found that the hydroalcoholic extract of the açai seed, rich in polyphenols, could protect human umbilical vein endothelial cells (HUVEC) from cell death induced by indoxyl sulfate, an oxidative stress-inducing uremic toxin. Another similar study was carried out by Al-Nasser *et al.*²⁹. Using the MTT assay, the authors showed that the aqueous and ethanolic extracts of açai can protect the human neuroblastoma cell line SH-SY5Y against oxidative stress induced by the neurotransmitter L-glutamate (L-Glu), indicating a neuroprotective effect of the fruit.

According to Correa *et al.*¹⁸, fluconazole is cytotoxic, inducing decreased cell viability and necrosis in VERO cells at the same concentration used in the present study. In the same study, the authors showed that fluconazole is an inducer of oxidative stress. Thus, we suggest that the increase in cell viability induced by CA in VERO cells exposed to fluconazole may be related to the antioxidant effects of phenolic compounds³⁰ present in our extract. By decreasing the number of reactive oxygen species (ROS) CA prevents them from damaging cell membranes^{31,32}, thus decreasing the induction of necrosis.

Cyanidin 3-glucoside (C3G) is among the components with antioxidant capacity that are found

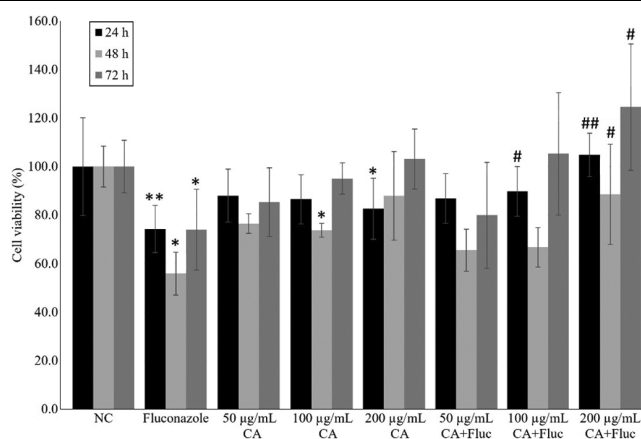


Fig. 2 — Cell viability observed after 24, 48 and 72 h of treatment according to the protocol described in Methodology section. [CA: clarified açai; Fluc: fluconazole. **P* <0.05; ***P* <0.01 compared to their respective negative control. [#]*P* <0.01 compared to their respective positive control (fluconazole) (ANOVA/Tukey post-test) (Kruskal-Wallis/Dunn post-test). Mean of three experiment]

in CA. An MTT study by Yang *et al.*³³ showed that C3G increases the viability of hippocampal cells from Sprague-Dawley rats exposed to beta-amyloid A β (25-35), a protein that importantly forms senile plaques in the brains of Alzheimer's disease patients. This increase in viability was followed by a significant reduction in the ROS rate induced by the protein. Also using MTT, Tan *et al.*³⁴ found that C3G increases the viability of HepG2 cells exposed to H₂O₂. As reported by Yang *et al.*³³, this increase was followed by a significant decrease in the ROS rate.

Our results with the MTT assay also demonstrated that CA decreases the viability of VERO cells in two specific situations: the 48 h treatment with 100 µg/mL CA and the 24 h treatment with 200 µg/mL CA (Fig. 2). Silva *et al.*³⁵ observed that similarly to CA, the hydroalcoholic extract of açai pulp decreases the viability of MCF-7 human breast adenocarcinoma

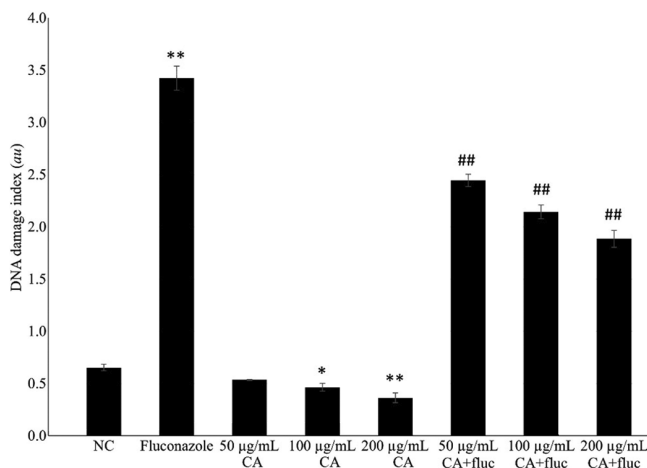


Fig. 3 — DNA damage index observed in VERO cells after 3 h of treatment, according to the protocol described in Methodology section. [CA: clarified açai; Fluc: fluconazole; au: arbitrary unit. * $P < 0.05$; ** $P < 0.01$ compared to negative control. ## $P < 0.01$ compared to positive control (fluconazole) (ANOVA/Tukey post-test). Mean of three experiments]

cells, without, however, clarifying or suggesting which component of the extract would be responsible for this result. On the other hand, Marques *et al.*³⁶ found that açai oil was not able to decrease the viability of lymphocytes. In general, neoplastic cells seem to be more sensitive to açai than non-transformed cells³⁷, thus further studies are needed to clarify this CA-induced decrease in viability in our experimental conditions.

Regarding the MTT assay, some considerations should be made. Although the test is widely used to detect what we call cell viability, the tetrazolium reduction reflects cell metabolism, not cell number or cell death³⁸. Thus, we cannot claim whether the results obtained with the test are related to an effect of CA on cell metabolism, since açai is highly energetic³⁹, or on cell viability itself. To clarify this question, it would be important to perform tests that detect apoptosis/necrosis, either by flow cytometry⁴⁰ or by staining with fluorescent dyes⁴¹, or tests that detect cell membrane damage, such as the trypan blue test⁴⁰.

The comet assay, also called individualized single cell gel assay (SCG) or microgel electrophoresis (MGE) is a test that evaluates DNA lesions involving applications of electric current to cells, on agarose gel slides, stained with specific dyes and visualized by light microscopy⁴². In our results of the comet assay it was observed that CA significantly decreases the DI of VERO cells exposed to fluconazole (figure 3).

These findings are in agreement with the study by Ribeiro *et al.*¹³, who investigated the genotoxic and antigenotoxic activities of açai pulp in peripheral blood, kidney, and liver cells of Swiss mice treated with doxorubicin (DXR), an oxidative stress-inducing antitumor. The authors observed that açai pulp inhibited DNA damage induced by the antitumor agent DXR in all organs tested. The authors attributed this effect to the antioxidant compounds contained in açai pulp that are also present in our CA, e.g. the phenolic compounds cyanidin 3-glucoside (discussed earlier) and cyanidin 3-rutinoside. Isoorientin (homoorientin) is also one of the flavonoids found in CA. Chen *et al.*⁴³, investigated the effects of isoorientin against oxidative injury induced by heavy metal cadmium in rat proximal tubular cell line NRK-52E and primary rat proximal tubular (rPT) cells. The authors observed that the treatment with 2.5 µM cadmium for 12 h resulted in DNA damage and cell cycle arrest in G0/G1, while isoorientin significantly decreased such effects when in co-treatment with the metal. Therefore, in the same way that the antioxidant compounds found in CA protect cells against the cytotoxic effects of fluconazole by increasing their viability, they probably also protect against DNA damage, which would explain the antigenotoxic effects observed in our experiments.

In literature, we found only one similar study, where the authors evaluated the genotoxicity and antigenotoxicity of açai *in vitro*³⁶. Here, the authors have observed that açai oil does not show genotoxicity and, unlike our results, also does not protect DNA of peripheral lymphocytes and HepG2 cells against the effects of methylmethanesulfonate (MMS). This difference between our results and those of Marques *et al.*³⁶, may be attributed to the inducer of DNA damage used in their study (i.e., MMS) which is not a classical oxidant agent, but rather an alkylating agent⁴⁴.

Conclusion

Results obtained in our study using the comet assay and MTT assay for cell viability demonstrated that the clarified açai extract can act as an antigenotoxic and anticytotoxic agent, protecting VERO cells from DNA damage caused by the antifungal fluconazole and recovering their viability. We suggest that these effects are related to the phenolic compounds present in CA that with their antioxidant capacity are able to neutralize the reactive oxygen species induced by

fluconazole. However, our study is preliminary, thus, we cannot rule out other cytoprotective pathways. Further studies are needed to better clarify the mechanisms of action of CA that cause this protection.

Conflict of interest

Authors declare no competing interests.

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