

Wealth from waste: Multifaceted yeast bio-synthesised sophorolipids using industrial waste by-products as substrate

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Sophorolipid biosurfactants are known for their versatile biological and physicochemical activities. This study explores its production, characterization, and biological activities utilising, palm fatty acid distillate (PFAD), a hydrophobic substrate derived from oil refinery waste by *Starmerella bombicola*, a native sophorolipid producing yeast. The sophorolipid yield is significantly enhanced by using PFAD than that of a vegetable oil used as feedstock. The yields are 36.71 and 18.62 g/L for PFAD and refined sunflower oil, respectively. The minimum surface tension with PFADSL (palm fatty acid distillate derived sophorolipid) is 37.73 mN/m and the CMC value is 76 mg/mL. Emulsifying properties of PFADSL are found to be 54.32%, 59.45%, and 28.38% for waste frying sesame oil, refined sesame oil, and petrol, respectively. The PFADSL is characterized using TLC, FTIR, and HPLC confirming the major component to be diacetylated lactic sophorolipids (SLs) (C18:1) consisting 15.4% acidic forms of sophorolipids. PFADSL showed minimum inhibitory concentration values ranging between 25 - 50 µg/mL against *Proteus vulgaris*, *Shigella flexneri*, *Salmonella typhi*, *Vibrio cholerae*, *Staphylococcus aureus*, *Escherichia coli*, *Bacillus subtilis*, and *Klebsiella pneumoniae*. Minimum Bactericidal Concentrations range from 300 to 500 µg/mL. SEM images show compromised membrane integrity against both gram-negative and positive bacteria. PFADSL also confirmed its strong biofilm inhibitory and eradication capacity against tested organisms. These findings reveal a noteworthy way of bio-converting oil industrial waste into a valuable product with potent surface lowering, emulsifying, antibacterial, and antibiofilm ability which can be a gem to various fields like biomedical, agricultural, pharmaceutical, cosmetics, nanotechnology, etc.

Keywords: Anti-microbial, Bioactive, Glycolipid, Versatile, Waste-to-wealth, Yeast

Introduction

Palm Fatty Acid Distillate (PFAD) is a by-product derived from the physical refining of crude palm oil. Its primary composition includes free fatty acids (FFAs), along with minor quantities of glycerides, tocopherols, tocotrienols, sterols, and other impurities. PFAD typically contains 70-90% free fatty acids, which are primarily palmitic acid, followed by oleic acid, and smaller amounts of linoleic acid¹. PFAD has traditionally been considered a low-value waste product in the palm oil industry. However, the increasing emphasis on sustainability and resource efficiency has led to the recognition of PFAD as a valuable feedstock for various industrial applications. PFAD is utilized in biodiesel production, the oleochemical industry for the manufacturing of soaps, detergents, and fatty acids, which are further processed into fatty alcohols and

other derivatives used in personal care products, cosmetics, and lubricants²⁻⁵

The utilization of PFAD as a substrate for sophorolipid production by yeast strains represents a promising avenue in the field of industrial biotechnology. Sophorolipids (SLs), a major class of bio-surfactants synthesized by certain yeast and fungal species, have garnered significant consideration owing to their biodegradability, minimal toxicity, and versatile applications in industries ranging from pharmaceuticals to environmental remediation⁶. Leveraging PFAD, a palm oil refining by-product, as a feedstock for sophorolipid production offers an innovative and sustainable approach to both waste valorization and biosurfactant synthesis in current scenario.

PFAD is predominantly composed of FFAs, with palmitic and oleic acids being the major constituents.

These FFAs provide a rich carbon source that can be metabolized by certain SLs producing strains to produce SLs. The high lipid content of PFAD, coupled with the presence of minor components such as sterols and tocopherols, enhances its suitability as a substrate for microbial fermentation. Additionally, the availability and low cost of PFAD, due to its status as an industrial by-product, make it an economically attractive option for large-scale biosurfactant production.

Sophorolipid production by oleaginous yeast strains, such as *Starmerella bombicola*, involves the fermentation of fatty acids under specific conditions⁷. The process typically requires a hydrophobic carbon source, such as PFAD, along with a hydrophilic co-substrate like glucose. During fermentation, the yeast cells uptake the FFAs from PFAD and convert them into SLs through a series of enzymatic reactions, including hydroxylation, acetylation, and glycosylation. The resulting SLs can exist in lactonic or acidic forms, each with distinct physicochemical properties and potential applications⁶.

Starmerella bombicola synthesizes SLs through a bioconversion process that involves the fermentation of fatty acid substrates in the presence of a carbohydrate source. The resulting sophorolipids typically exist in two primary forms: lactonic and acidic isomers. The lactonic congener is characterized by the intramolecular esterification between the carboxylic moiety of the fatty acid and the hydroxyl group of the sophorose sugar, leading to a closed-ring structure. The acidic form, on the other hand, retains the free carboxylic group and exists as an open-chain molecule. The balance between these two forms can be decided by the fermentation conditions, such as pH, temperature, and substrate concentration^{6,8-11}.

SLs produced by *S. bombicola* exhibit notable antimicrobial characteristics against a widespread variety of microorganisms, including fungi, yeast, and bacteria. The lactonic form, in particular, has demonstrated strong antibacterial activity, primarily by challenging the microbial cell membrane integrity, followed by cell lysis. This makes SLs promising candidates for use as natural preservatives in the food industry and as alternative antimicrobials in medical and pharmaceutical applications, especially in the face of rising antibiotic resistance¹²⁻¹⁴. SLs from *S. bombicola* have also been shown to hold significant antibiofilm activity. Biofilms, the structured microbial communities sheathed in a

self-produced extracellular matrix, are notoriously difficult to eradicate due to their resistance to conventional antimicrobial treatments¹⁵. SLs can prevent biofilm formation by interfering with the initial adhesion of microbial cells to surfaces and can also disrupt established biofilms by targeting the extracellular matrix. This property is particularly valuable in medical and industrial settings, where biofilm formation on surfaces such as medical devices and pipelines poses a significant challenge^{12,16,17}.

Traditionally, the production of SLs has relied on glucose and various vegetable oils or oleic acid as substrates. However, the cost of these raw materials has prompted researchers to explore more sustainable and cost-effective alternatives¹⁸. In this context, PFAD presents a promising substrate for sophorolipid production. PFAD is rich in free fatty acids and other valuable compounds, making it a potential feedstock for microbial biosurfactant production. Despite the potential benefits, the usage of PFAD for sophorolipid production has not been extensively studied, particularly with non-conventional yeast strains. The yeast species *Starmerella bombicola* is well-known for its capability of producing high yields of SLs, but the feasibility of utilizing PFAD as a sole hydrophobic substrate in this process remains underexplored. This study aims to fill this gap by investigating the production of SLs using PFAD as the primary substrate, employing a novel strain of *Starmerella bombicola*.

The objectives of this research are twofold: first, to optimize the fermentation conditions for maximum sophorolipid yield using PFAD; and second, to characterize the produced SLs in terms of their chemical structure and potential applications. This study contributes to the growing body of knowledge on sustainable bio-processing, offering insights into the potential of PFAD as a cost-effective and ecologically friendly hydrophobic substrate for SLs production.

Experimental Section

All the microbial strains, *Starmerella bombicola* 1910, *Escherichia coli*, *Staphylococcus aureus* subsp. *Aureus* 6571, *Bacillus subtilis* 3610, *Vibrio cholerae* M010 (0139), *Shigella flexneri* 29508, *Salmonella typhimurium* OSS117, *Proteus vulgaris* 6380, and *Klebsiella pneumoniae* subsp. *pneumoniae* 418 were purchased from Microbial Type Culture Collection and Gene Bank, Chandigarh, India, and maintained in specific growth media every 30 days. The chemicals

and solvents were brought from Sigma-Aldrich, SRL Pvt. Ltd., and Hi-media, and of analytical grades. The commercial standard of SLs (1',4''-Sophorolactone 6',6''-diacetate) was obtained from Cayman Chemicals, USA. From local grocery refined sunflower oil was purchased. PFAD was collected from an oil refinery industry, Budge Budge Refineries, Budge Budge, Kolkata, West Bengal, India.

Production of sophorolipids

The media composition for SLs production was 10% glucose, 10% PFAD/ refined sunflower oil, 0.1% urea, and 1% yeast extract. Media after autoclaving was inoculated with 10% seed culture (48h grown in YPD media) and kept in a BOD shaker incubator at $28^{\circ}\text{C} \pm 0.5^{\circ}\text{C}$ and $150 \text{ rpm} \pm 5$ for consecutive 8 days. At an interval of 48h, glucose concentration, cell dry weight, pH and SLs production or yield were measured. Initially, SLs yield with different concentrations of PFAD and sunflower oil (2.5 to 20%) was measured to determine effective concentrations of hydrophobic sources.

Confirmation of biosurfactant production

Whether the PFAD can produce biosurfactant as product or not was evaluated with parafilm M test and oil displacement tests¹⁹. Briefly, in the parafilm M test, 25 μL of cell-free broth of PFAD production media (48 h, 120 h, and 192 h) was placed on a parafilm sheet and observed for 1 min followed by measuring the droplet diameter. Water and fresh media diameter were also measured for comparison. In the oil-displacement test, 9 cm Petri-dish was filled with 40 mL deionized water. 200 μL of vegetable oil was dropped and allowed to spread followed by placing 10 μL of cell-free broth was added at the centre of the oil phase. The displaced diameter was measured. Fresh media was used as control.

Extraction of SLs biosurfactant

Extraction of SLs from the aqueous production media was done using solvent extraction method²⁰. Cell-free broth (cell removal by centrifugal force) was washed with ethyl acetate for three times, and then the solvent layer was removed under a vacuum pump followed by washing thrice with n-hexane to eliminate fatty residues. The yield was weighed gravimetrically and expressed in g/L.

Characterization

Physicochemical characterization

Surface Tension (ST) and CMC (Critical Micelle Concentration): Different concentrations of PFADSL

aqueous solutions (0.5 to 1000 mg/L) were prepared to analyze their ST at ambient temperature ($20^{\circ}\text{C} \pm 1^{\circ}\text{C}$) following du Nuoy ring method with the use of DCAT 11 tensiometer (Data Physics, Germany) (21,22). Critical Micelle Concentration was calculated from the ST graph²¹.

Emulsification index (%E24): The emulsifying activity of PFADSL was tested using waste frying sesame oil, refined sesame oil, and petrol (as mineral oil)²⁰. Briefly, 1% PFADSL (in deionized water) was mixed well with an equal volume of oils using cyclomixer at highest speed for 15 min. Then for the next 24 h, these were kept uninterrupted followed by measuring emulsion height and total height of the liquid. %E24 was determined by the following equation:

$$\% E24 = (\text{Emulsion layer height} / \text{height of total liquid}) \times 100$$

Structural composition analysis:

Thin Layer Chromatography: After initial identification of the presence of carbohydrate moiety using the anthrone test, PFADSL components were analysed using TLC analysis with silica gel coated (Silica Gel G, 325 mesh for TLC) TLC plates and a mobile phase containing chloroform: methanol:water (65:15:2). Isolated spots were visualised under iodine vapour chamber²². Result was analysed by comparing it with TLC spots of SLs standard.

Fourier Transform Infrared Spectroscopy (FTIR): Using IRAffinity-1S Shimadzu spectrophotometer, FTIR spectra of PFADSL and SLs standard were recorded. ATR (Attenuated Total Reflectance) mode was implemented with 40 scans, correlated with atmospheric CO_2 and, at a wave number of 0.01 cm^{-1} and resolution accuracy of 2 cm^{-1} (Ref.22).

High Performance Liquid Chromatography (HPLC): The relative percentages of acidic and lactonic SLs in PFADSL were analysed with HPLC (Shimadzu) on the basis of standard SLs²³. Spherisorb ODS2 Column (5 μm , $250 \times 4.6 \text{ mm}$, 80 \AA) with Acetonitrile and MilliQ binary water solvent system was used for the sample run with a total 50 min run time (20% for the first 10 min, with a gradual increase to 80% up to 30 min, 100% up to 40 min, and then maintained at 100% for next 10 min) at 0.75 mL/min flow-rate. With Shimadzu SPD-20A UV/Vis Detector components were detected at 207 nm.

Antibacterial activity

Zone of Inhibition: Primarily, the antimicrobial potential of PFADSL was tested against eight

bacterial pathogenic strains (*P. vulgaris*, *S. flexneri*, *S. typhimurium*, *V. cholera*, *S. aureus*, *B. subtilis*, *E. coli*, and *K. pneumoniae*) with the agar well diffusion technique²⁴. 25 μL of 24h grown bacterial suspensions (0.5 MacFarland standard/ 1.5×10^8 CFU mL^{-1}) were used to make spread plates on nutrient agar media. Wells (0.5 cm) were made with sterile well makers and PFADSL (in sterile PBS) in different amounts (500, 750, and 1000 μg) were loaded into it. Plates were incubated at 37 °C for 24 h. After incubation, the diameters (cm) of mortality areas were measured.

Minimum Inhibitory Concentrations (MIC) and Minimum Bactericidal Concentration (MBC): For analysing MICs of PFADSL resazurine-based broth micro-dilution assay was performed²⁵. Briefly, with different concentrations of PFADSL solubilised in nutrient broth 24 h grown bacterial suspensions (0.5 MacFarland standard) were added and grown at 37 °C for 24 h followed by staining with 0.015% resazurin solution. The least concentrations showing no colour change from blue to pink were marked as MICs. In positive control and negative control media with culture and only fresh media were used. MBCs were performed²⁶ by streaking the cultures from MICs and subsequent wells. The least concentrations giving no viable count were marked as MBCs. Tolerance levels were calculated from MICs and MBCs for each bacteria^{25,27}.

Scanning Electron Microscopy: To identify the mechanism of antibacterial activity of PFADSL, SEM of PFADSL treated gram positive *S. aureus* cells and gram-negative *E. coli* was performed with Zeiss EVO 18 following the previously described procedure by Shikha *et al.*²⁸. Briefly, treated (300 $\mu\text{g}/\text{mL}$ of PFADSL for 8h) and untreated/control (sterile PBS) cells were washed thrice with sterile PBS and fixed with 2.5% glutaraldehyde for 2 h followed by drying with alcohols (20-100% alcohol). Finally, gold sputter-coated cells were observed under SEM.

Anti-biofilm assay

Biofilm inhibition assay: Biofilm inhibitory activity of different concentrations of PFADSL (12.5 to 1000 $\mu\text{g}/\text{mL}$) against *P. vulgaris*, *S. flexneri*, *S. typhimurium*, *V. cholerae*, *S. aureus* were measured using crystal violet staining method²⁵. Finally, the inhibition percentages were calculated using the following equation:

$$I\% = (\text{Control OD}_{570\text{nm}} - \text{Treatment OD}_{570\text{nm}}) / \text{Control OD}_{570\text{nm}} \times 100$$

The lowest concentrations with $I\% \geq 50$ were marked as MBIC (Minimum Biofilm Inhibitory Concentration) for respective bacterial strains.

Biofilm eradication assay: By the crystal violet staining technique described by Guchhait *et al.*²⁹ biofilm eradication activity of different PFADSL concentrations against preformed biofilms of bacteria were measured. $I\%$ (calculated from the equation of 6.1) ≥ 50 of the least PFADSL concentrations were noted as MBEC (Minimum Biofilm Eradication Concentration).

Statistical analysis

Each value was represented as mean and standard deviations of triplicates. Statistical significance for multiple comparisons of means was made with One-way ANOVA followed by Tukey test ($p < 0.5$). Statistically significant different values were marked as different superscript alphabets. MS Excel and SPSS 16.0 were used for analysis.

Results and Discussion

Production of SLs biosurfactant

Refined sunflower was used for SLs production to mimic industrial SLs production where oleic acid or edible oils are used as hydrophobic feedstock enhancing total production cost¹⁸. Media with PFAD was tested for confirming biosurfactant production during the incubation period as it was a novel substrate and results are presented in Fig. 1, which shows a significant increase in droplet diameter and oil-cleared zones with an increase in time confirming enhanced biosurfactant synthesis.

Primarily different concentrations of both the hydrophobic substrates (PFAD and sunflower oil) were screened for evaluating optimum concentrations as per the final yield of SLs. However, Fig. 2a shows that increasing concentrations of both PFAD and sunflower oil leads to a significant increase in SLs production up to 10%, but significant deterioration was found when substrate concentrations were enhanced to 20%. These results can be simplified with the fact of possible adverse effects of lipid biodegradation products on microbial growth and subsequent decrease in biosurfactant production³⁰. Furthermore, it can be seen that the use of PFAD significantly increased the SLs production as compared to sunflower oil. The SLs yield was 36.71 ± 2.622 and 18.62 ± 0.142 g/L for PFAD and sunflower oil respectively. Fig. 2b shows the different parameters during the incubation period. Glucose

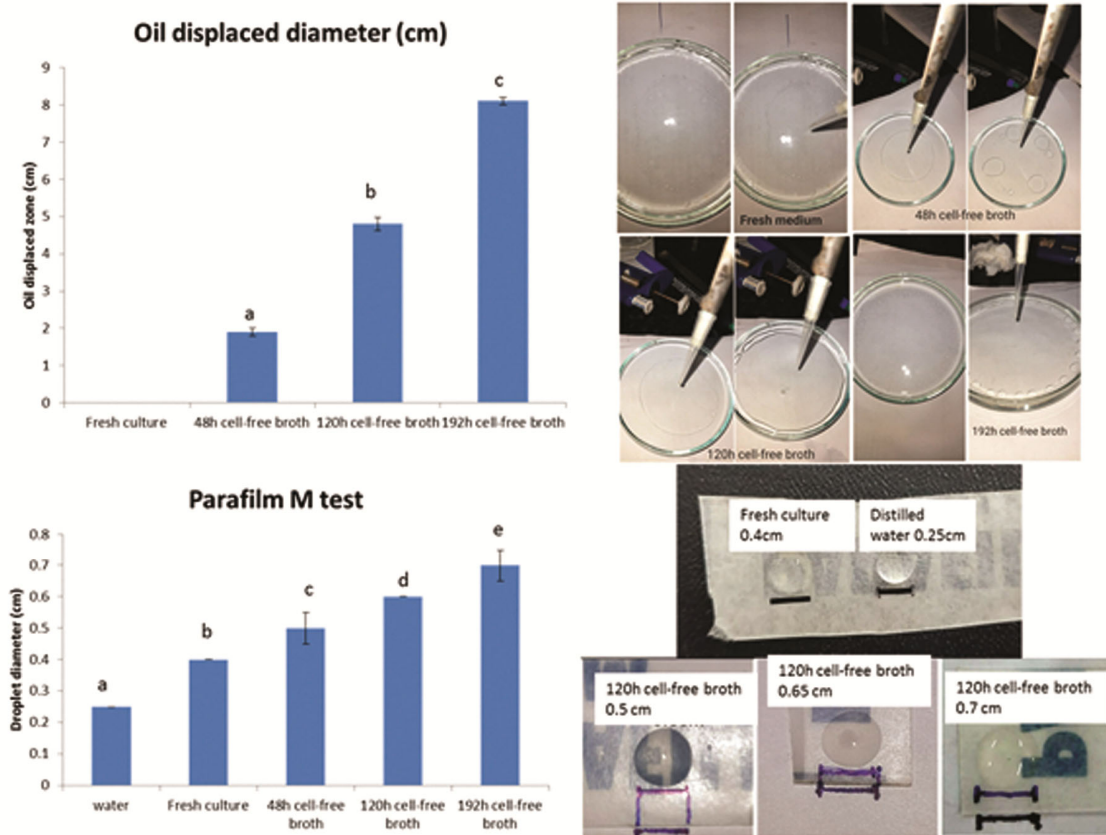


Fig. 1 — Initial screening of bio surfactant production in PFAD media during the incubation period (Different superscript alphabets above bars represent statistically significant difference at $p < 0.5$)

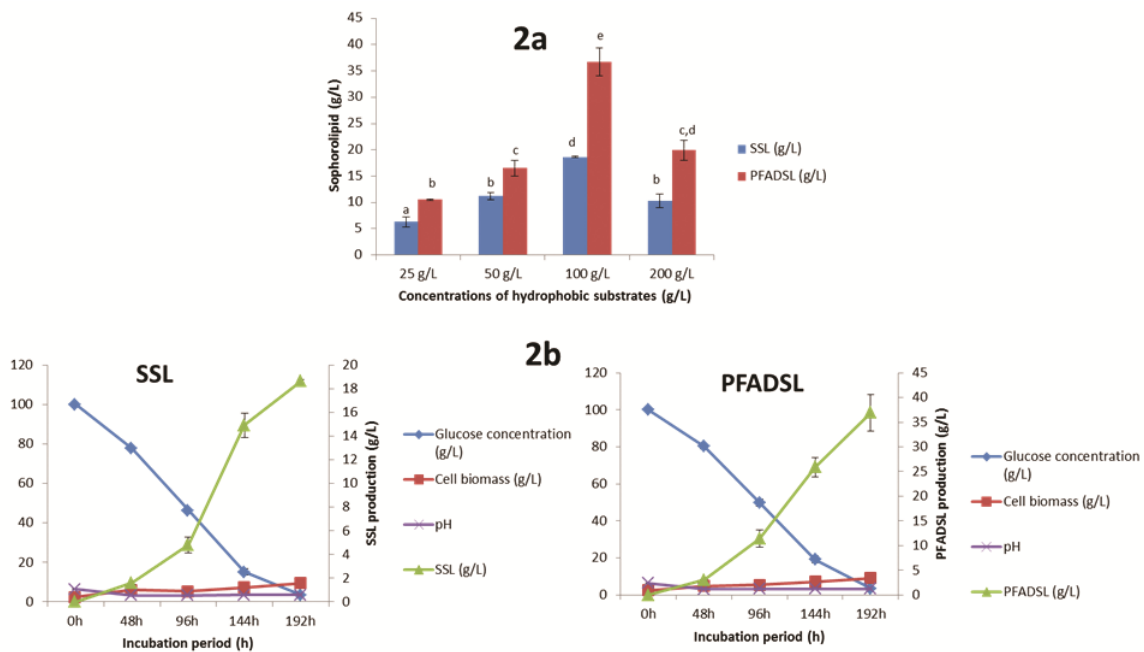


Fig. 2 — (a) Yields of SSL and PFADSL at different substrate (oil/ PFAD) concentrations. (Different alphabets above bars denote statistically significant different ($p < 0.05$) values) and (b) Glucose consumption, cell biomass, pH, and yields of SSL and PFADSL during the incubation period of production medium containing 100 g/L of hydrophobic substrates

concentrations and pH were dropped while, production of PFADSL and SSL (sunflower oil derived sophorolipid), and cell biomass were increased with time. PFAD is commonly composed of a high amount of free fatty acids (65 to 94%), mainly, C16:0 and C18:1 fatty acids making this very suitable for sophorolipid production^{1,6,31}. Previously sunflower acid oil, coconut oil fatty acid residues, sunflower oil soap stock, soybean dark oil, tallow fatty acid residue³²⁻³⁵, etc. had been utilized for SLs production confirming satisfactory yields, though no report has been published with PFAD use till date.

As a low-cost by-product of the palm oil industry, PFAD reduces the overall production costs of SLs, making the process more economically viable. Utilizing PFAD aligns with the principles of the circular economy by converting an industrial waste product into a valuable bio-product, thereby reducing waste and promoting resource efficiency. The high fatty acid content of PFAD supports robust microbial growth and sophorolipid synthesis, potentially leading to high product yields. The production of biosurfactants from PFAD is a greener alternative to chemical surfactants, which are often derived from petrochemical sources and are less biodegradable. The ability to produce high-value products from low-cost waste materials enhances the economic viability of the process. Waste substrates are generally inexpensive and readily available, making the production of SLs more cost-effective compared to using pure or synthetic substrates. This reduction in raw material costs can lower the overall production costs of SLs, thereby making them more competitive with traditional chemical surfactants in the market. The biodegradability and low toxicity of SLs further enhance their environmental profile, making them suitable for use in eco-friendly formulations. However, the use of waste substrates can exhibit variability in their composition depending on their source and processing conditions. This variability can lead to inconsistencies in the yield and quality of SLs produced. While the laboratory-scale production of SLs using waste substrates is well-established, scaling up the process to industrial levels presents several challenges. These include the need for large-scale fermentation facilities, efficient downstream processing methods, and the management of by-products or waste generated during production.

Characterization

Physicochemical characterization

Surface Tension (ST) and CMC

Being amphiphilic, biosurfactants exhibit surface active properties with regards to reduction of surface as well as interfacial tensions and low CMC. This behaviour plays a vital role in solubilizing and emulsifying hydrophobic components and emulsion stabilization³⁶. Fig. 3b shows the reduction of surface tension with increasing concentration of PFADSL. It reduced ST of water from 71.1 mN/m to 37.7 mN/m (minimum ST). The CMC was found to be 76 mg/L. The ST and CMC of SLs are critical parameters that influence their application potential in several industries. By lowering the ST of aqueous solutions, SLs enhance the wetting, spreading, and emulsification properties of the solution, making them ideal candidates for use in formulations where improved solubility and dispersion are required, such as in drug delivery systems and bioremediation processes³⁷⁻³⁹. The formation of micelles is essential for applications where encapsulation of hydrophobic substances is needed, such as in the targeted delivery of pharmaceuticals or the solubilization of hydrophobic pollutants in wastewater treatment. Biodegradable or food-grade emulsifiers like phospholipids, amphiphilic polysaccharides, protein isolates, etc. had been well utilized⁴⁰. Their use has been increased for delivering nanoceuticals or other bioactive hydrophobic materials (sesame lignin rich sesame oil, clove essential oil, γ -oryzanol-rich rice bran oil etc.) via nanodelivery systems⁴⁰⁻⁴³. Sophorolipids are a potential biosurfactant in terms of such biodegradable surface active agents. Moreover, research on antimicrobial emulsifiers is in high demand⁴⁴. Food grade antimicrobials for packaging, additives, or preservatives are in so high demand that green synthesis of different antibacterial and antifungal agents e.g., silver nanoparticles, peptides, plant products, etc. are the hot topic of research^{25, 27, 45-47}.

Now, SLs with a low CMC are particularly advantageous because they require lower concentrations to achieve effective micellization, thus being more cost-effective and less prone to potential cytotoxicity. Moreover, the ability of SLs to form stable micelles and reduce surface tension at low concentrations underscores their utility in developing eco-friendly and sustainable alternatives to conventional synthetic surfactants. This property is especially beneficial in creating

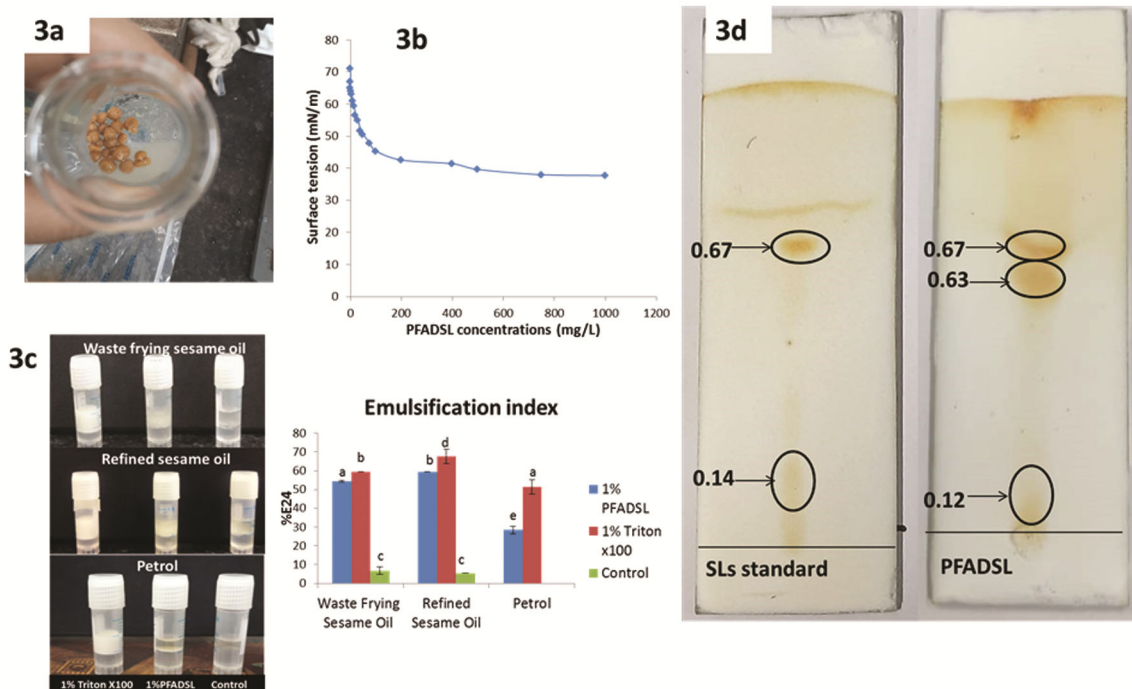


Fig. 3 — (a) PFAD derived SLs, (b) Surface Tension of PFADSL (Different superscript alphabets above bars represent statistically significant difference at $p < 0.5$), (c) Emulsification index and (d) TLC plates of standard SLs and PFADSL

biodegradable cleaning agents, cosmetic products, and dispersants in oil spill remediation⁴⁸⁻⁵¹. Therefore, understanding and optimizing the surface tension and CMC of SLs is crucial for maximizing their industrial applications and advancing their role as sustainable biotechnological products.

Emulsification index (%E24)

This value determines how effectively a biosurfactant increases the contact between water and oil surfaces. Here three types of hydrophobic materials were used, fresh refined sesame oil, waste fried sesame oil (after frying foods for many times), and petrol as mineral oil. Fig. 3c shows that 1% PFADSL effectively emulsified both the cooking oil and waste frying oil with %E24 values of 59.46% and 54.32% respectively which were very close to values of triton x100 (but statistically significant difference was present). %E24 of PFADSL and triton-X 100 for petrol were 28.38 and 51.35%. A higher emulsification index indicates a stronger capability of SLs to maintain stable emulsions over time, preventing the separation of phases. In the food industry, SLs with a high emulsification index can be used to create and stabilize food emulsions, such as dressings, sauces, and spreads, enhancing texture and shelf life without the

need for synthetic additives. Similarly, in pharmaceuticals and cosmetics, stable emulsions are essential for formulating creams, lotions, and ointments where the active ingredients need to be uniformly dispersed within a carrier medium^{52,53}.

The natural origin and biodegradability of SLs make them an attractive alternative to synthetic emulsifiers, especially in products aimed at consumers seeking eco-friendly and sustainable options. In environmental applications, the emulsification properties of SLs are utilized in bioremediation, where they facilitate the breakdown and removal of hydrophobic pollutants, such as oils and hydrocarbons, from contaminated environments. By forming stable emulsions, SLs enhance the bioavailability of these pollutants to microbial degradation, thus accelerating the clean-up process. The amphiphilic nature of SLs allows them to function effectively in a variety of environments, including aqueous and non-aqueous systems. They can stabilize emulsions, solubilize hydrophobic compounds, and form micelles, which are essential properties in industries such as cosmetics, pharmaceuticals, and oil recovery. Their ability to operate under a wide range of pH and temperature

conditions further enhances their versatility as surfactants and micelle agents^{52,54–57}.

Structural characterization

Thin layer Chromatography

After initial confirmation of the presence of carbohydrates by anthrone, TLC spots under iodine vapour confirmed the presence of lipid moieties in PFADSL. Comparison of the separated spots of PFADSL with SLs standard and R_f value of 0.67 confirmed the presence of 1',4''-Sophorolactone 6',6''-diacetate. Fig. 3d shows different spots with respective R_f . Higher R_f values signify lactonic SLs and the lower value represents the presence of acidic forms of SLs⁵⁸.

FTIR spectra for analysing functional groups

The FTIR bands of PFADSL were compared with the SLs standard. The band stretches are represented in Fig. 4a. Table S1 (Supplementary Information) represents details of wavenumbers, transmittance%, and identified bonds. Wavenumber 3392 cm^{-1} represents O-H stretch. 2926.1 and 2854.7 cm^{-1} represented the presence of asymmetric and

symmetric C-H bonds respectively. C=O bonds of esters, lactone, or acids were identified at 1744 cm^{-1} and C(=O)-O-C of lactone was seen at 1234.5 cm^{-1} . 1247 cm^{-1} represented the C(=O)-O-C of acetyl esters. The carboxylic group was denoted by 1456 cm^{-1} . C-O of carbohydrate C-O-H was revealed by 1028 cm^{-1} . Spectra of PFADSL were well matched with SLs standard as shown in Fig. 4a. The result confirmed the presence of both acidic and lactonic forms of acetylated SLs in PFADSL. These data were parallel to previously reported spectra of SLs^{59–61}.

HPLC analysis

The relative percentages of acidic and lactonic analogs were calculated from the HPLC chromatogram. Fig. 4b shows that both the SLs standard and PFADSL gave the highest peak at 30.9 confirming that PFADSL contains majorly 1',4''-Sophorolactone 6',6''-diacetate (C18:1). Acidic SLs had short retention time <26 minutes and lactonic ones had longer ones (>26 min, 80% acetonitrile)²³. PFADSL and SLs standard both contained high amounts of SLs (84.6% and 85.8% lactonic SLs).

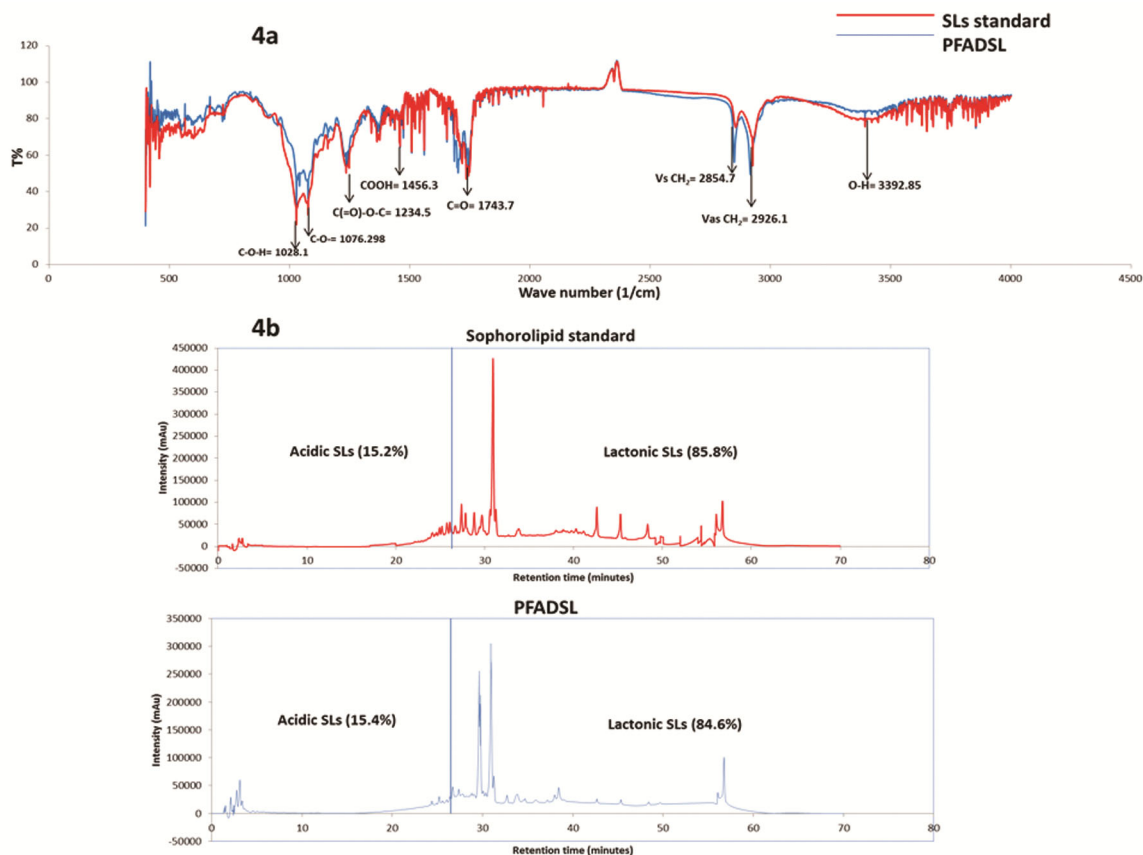


Fig. 4 — (a) FTIR spectra and (b) HPLC chromatograms of SLs standard and PFADSL

TLC offers the advantage of being cost-effective, requiring minimal sample preparation and no sophisticated equipment, making it accessible for routine analysis in research and industrial settings. While more detailed structural analyses, such as HPLC or mass spectrometry, are needed for comprehensive characterization, TLC serves as a quick and reliable screening method that informs further, more precise investigations. FTIR is a powerful tool for elucidating the functional groups present in SLs, allowing for the identification of specific molecular vibrations that correspond to different chemical bonds. By analysing the infrared absorption spectra, FTIR can differentiate between the lactonic and acidic forms of SLs, as well as detect the presence of ester, carboxyl, and hydroxyl groups. The technique is particularly valuable in confirming the structural integrity of SLs and monitoring changes that may occur during production or purification processes. FTIR, therefore, provides a rapid and non-destructive means of verifying the chemical identity and purity of SLs. HPLC is particularly useful for determining the relative concentrations of lactonic and acidic SLs, as well as identifying minor components that may influence the overall functionality of the biosurfactant. The high sensitivity and resolution of HPLC make it an indispensable tool for quality control, ensuring that sophorolipid preparations meet the specific requirements for their intended applications. The detailed characterization provided by these techniques supports the optimization of production processes, the formulation

of new applications, and the advancement of SLs as sustainable and versatile biosurfactants.

Antibacterial activity

Zone of inhibition assay

Primarily the antimicrobial susceptibility of PFADSL against eight pathogenic bacterial strains was tested using agar well diffusion test. Fig. 5 shows the mortality zone diameters. The order of susceptibility based on inhibition at 1000 $\mu\text{g/mL}$ was, *S. flexneri*^a > *K. pneumoniae*^a > *V. cholerae*^a > *P. vulgaris*^a > *E. coli*^b > *B. subtilis*^b > *S. aureus*^c > *S. typhi*^c (similar superscript alphabet represents no statistical significance at $p < 0.05$).

MIC and MBC

Minimum inhibitory concentrations of PFADSL against *P. vulgaris* and *S. aureus* least MIC was found which was, 25 $\mu\text{g/mL}$ of PFADSL. For the rest of the six bacteria, PFADSL exhibited MIC of 50 $\mu\text{g/mL}$ (Fig. 6 and Table 1). Previously several studies showed an antibacterial effect on *S. aureus*. One of them reported that lactonic SLs exhibited MIC of 32 $\mu\text{g/mL}$ against *S. aureus* though the ZOI was very low (0.9 cm at 2.5 mg/mL)⁶². But there is no proper data about the antimicrobial effect of any SLs against *P. vulgaris*, and *S. flexneri*. SLs from *Metschnikowia churdharensis* f.a., sp. nov. exhibited very low MICs (1 to 18 $\mu\text{g/mL}$) against pathogens like *S. aureus*, *V. cholerae*, *K. pneumoniae*, *L. monocytogenes*, *B. subtilis*, *P. aeruginosa*, *B. cereus*, *E. coli*, *S. enterica*, and *M. luteus*⁶⁰.

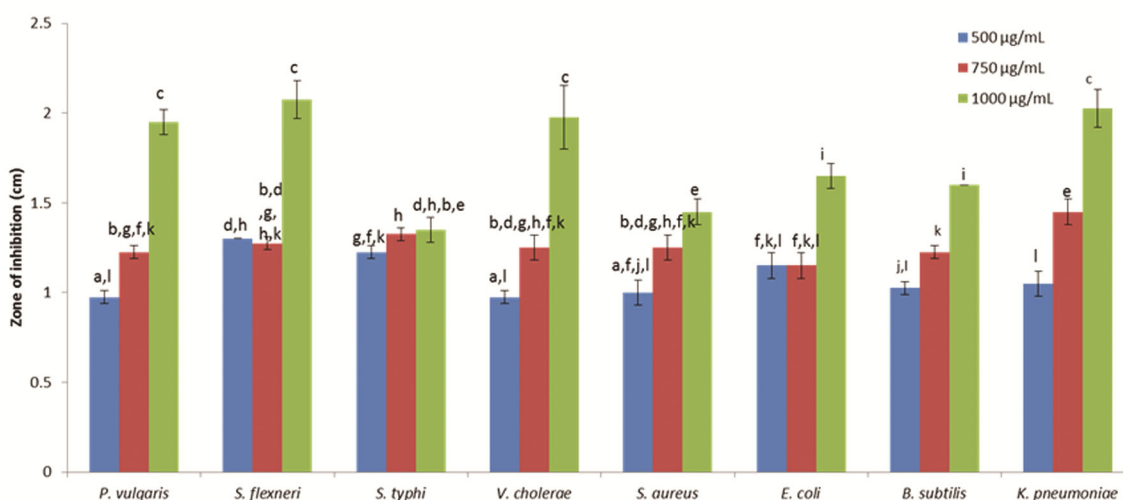


Fig. 5 — Zone of inhibition by PFADSL against bacterial pathogens. Bars with different superscript letters designate their statistically significant difference at $p < 0.05$

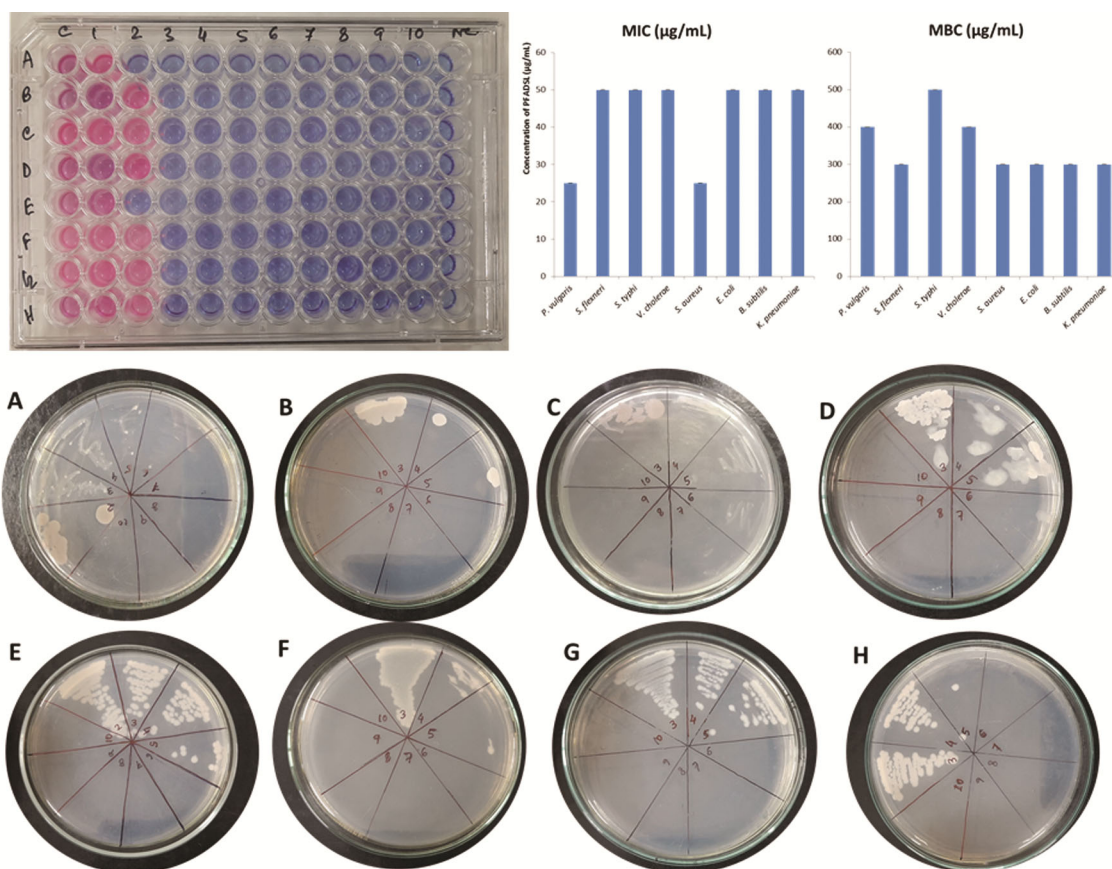


Fig. 6 — MIC and MBC of PFADSL (1-10= 12.5, 25, 50, 100, 200, 300, 400, 500, 750, and 1000 µg/mL) against, A-H= *P. vulgaris*, *S. flexneri*, *S. typhi*, *V. cholerae*, *S. aureus*, *E. coli*, *B. subtilis*, and *K. Pneumonia*

Table 1 — MIC, MBC, and tolerance values of PFADSL for bacterial pathogenic strains

Bacterial strains	Gram stain	MIC (µg/mL)	MBC (µg/mL)	Tolerance (MBC/MIC)	Inference
<i>P. vulgaris</i>	Gram-negative	25	400	16	Bacteriostatic
<i>S. flexneri</i>	Gram-negative	50	300	6	Bacteriostatic
<i>S. typhi</i>	Gram-negative	50	500	10	Bacteriostatic
<i>V. cholerae</i>	Gram-negative	50	400	8	Bacteriostatic
<i>S. aureus</i>	Gram-positive	25	300	12	Bacteriostatic
<i>E. coli</i>	Gram-negative	50	300	6	Bacteriostatic
<i>B. subtilis</i>	Gram-positive	50	300	6	Bacteriostatic
<i>K. pneumoniae</i>	Gram-negative	50	300	6	Bacteriostatic

Minimum Bactericidal concentration for *S. aureus*, *B. subtilis*, *E. coli*, and *K. pneumoniae* was found to be 300 µg/mL, for *V. cholerae*, and *P. vulgaris* it was 400 µg/mL, and, for *S. typhi* MBC was 500 µg/mL. PFADSL was bacteriostatic against all the bacteria (MBC/MIC>4). All the data are represented in Fig. 6 and Table 1.

SEM for morphological characterisation:

From the SEM images represented in Fig. 7, it can be seen that control cells of both *E. coli* and *S. aureus* were intact in shape and size with no unusual

changes. However, PFADSL at their MBCs caused detrimental effects on both of them. Interrupted cell walls, leakage, shrinkage, and complete membrane lysis were found in treated cells of both *S. aureus* and *E. coli*. Moreover, the cell size of the *E. coli* was found to be shorter than that of control cells. Studies have shown that membrane-targeting antibiotics can reduce volume and cell-surface area due to membrane synthesis inhibition⁶³. The primary mechanism by which SLs exert their antibacterial effect is through rupturing of bacterial cell membranes. Their amphiphilic nature can insert themselves into the lipid

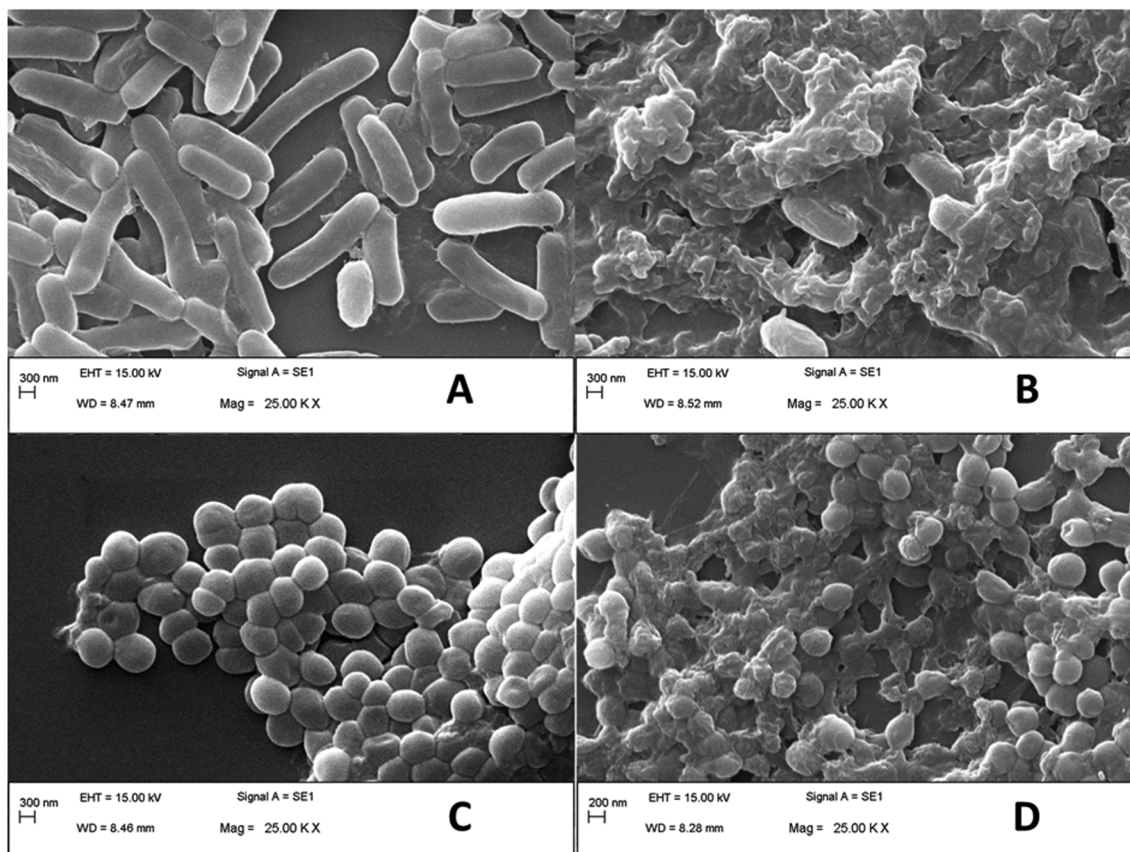


Fig. 7 — SEM images of *E. coli* and *S. aureus* control (A and C), *E. coli* and *S. aureus* (B and D) treated with PFADSL at their MBCs

bilayer of bacterial membranes, triggering increased membrane permeability. This destabilization causes the outflow of intracellular contents, loss of essential ions, and ultimately, cell lysis. The surfactant properties of SLs allow them to disrupt both Gram-positive and Gram-negative bacteria, although the specific composition of the bacterial membrane can influence susceptibility⁶.

Antibiofilm activity

Biofilm inhibitory and eradication assay

Fig. 8a shows the biofilm inhibition against bacterial strains by PFADSL. PFADSL showed the lowest MBIC ($I\% \geq 50$) against *P. vulgaris* and *S. aureus* (25 $\mu\text{g/mL}$). For *S. flexneri*, *S. typhi*, and *V. cholerae* the MBIC was found at 50 $\mu\text{g/mL}$. It was found that for all the tested organisms inhibition at MBIC was reached $\sim 98\%$.

Fig. 8b shows the eradication of preformed biofilm. Treatment with PFADSL effectively eradicated preformed biofilms of all the tested bacterial strains. Biofilms were grown on polystyrene surfaces of flat bottom 96-well plates. For all five strains MBEC

($I\% \geq 50$) values were the same as their MBICs. $I\%$ at their MBEC was between ~ 59 to $\sim 93\%$ (*S. typhi*^a > *S. flexneri*^a > *P. vulgaris*^b > *S. aureus*^c). Previous studies have shown that SLs either alone or in amalgamation with different antibacterial components (e.g., amphotericin-B, SDS, antimicrobial peptides, kanamycin, etc.) can effectively disrupt biofilm of different bacterial as well as fungal pathogens and combined effects reduce the SLs dosages⁶⁴⁻⁶⁶. SLs reduce biofilm adherence which can be utilized in biomedical fields, cosmetics, food, and agriculture industries^{13,16,67}. Previous studies showed that SLs caused electrostatic repulsion and steric hindrance to disperse a biofilm component, β -glucan, and also restrict its hydration depicting a possible mechanism of its antibiofilm property^{68,69}.

SLs may also interfere with bacterial communication systems, such as quorum sensing, which regulate virulence factor production and biofilm formation. By inhibiting quorum sensing, SLs can prevent bacteria from coordinating the expression of genes necessary for infection, thereby reducing their pathogenicity. SLs have demonstrated the ability

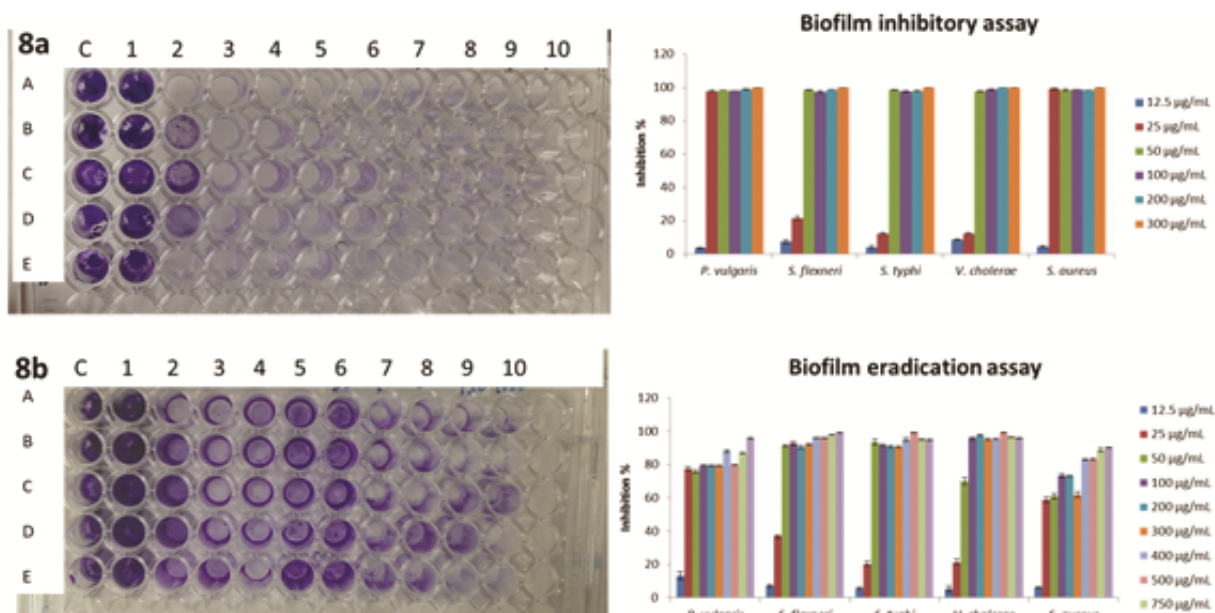


Fig. 8 — MBIC and MBEC of PFADSL (1-10= 12.5, 25, 50, 100, 200, 300, 400, 500, 750, and 1000 µg/mL) against, A-H= *P. vulgaris*, *S. flexneri*, *S. typhi*, *V. cholerae*, *S. aureus*, *E. coli*, *B. subtilis*, and *K. pneumoniae*

to inhibit the initial adhesion of bacteria to surfaces, thereby preventing biofilm formation. Additionally, SLs can penetrate and disrupt established biofilms, making the bacteria more susceptible to antimicrobial agents. This antibiofilm activity expands the potential applications of SLs in treating persistent infections associated with medical devices and chronic wounds^{64,65,70,71}.

One of the chief mechanisms through which sophorolipids exert their anti-biofilm effect is through the disruption of the extracellular polymeric substances (EPS) that constitute the biofilm matrix. The amphiphilic structure of sophorolipids permits them to penetrate the biofilm matrix and disrupt the cohesive forces that hold the biofilm structure together. By breaking down the EPS, sophorolipids expose the embedded microorganisms to environmental factors and antimicrobial agents, making them more susceptible to treatment^{17,66}. SLs can prevent biofilm formation by inhibiting the initial adhesion of microbial cells to surfaces. This is particularly important in the early stages of biofilm development, where microbial cells attach to a substrate and begin to proliferate. SLs reduce surface tension and alter the surface properties of the substrate, making it less conducive to microbial attachment⁷². They also can detach established biofilms by destabilizing the interactions between the microbial

cells and the substrate, as well as within the biofilm community itself. This detachment process involves the solubilization of hydrophobic components in the biofilm matrix and the disruption of cell-cell adhesion. In addition to their direct effects on biofilms, SLs can enhance the efficacy of conventional antimicrobial agents by increasing the permeability of biofilms. The disruption of the biofilm matrix by SLs allows antibiotics or antifungal agents to penetrate deeper into the biofilm, reaching microbial cells that would otherwise be protected^{12,16,73–75}.

SLs exhibit broad-spectrum antibacterial activity, effective against both Gram-positive and Gram-negative bacteria. This wide range of action is particularly beneficial in combating infections caused by multidrug-resistant pathogens, as SLs disrupt bacterial cell membranes, leading to cell lysis and death. Their mode of action, which differs from traditional antibiotics, also reduces the likelihood of developing resistance^{76,77}. The versatile nature of SLs allows for their use in various industries, including healthcare, agriculture, food production, and environmental management. They can be incorporated into coatings, cleaning agents, and formulations designed to prevent bacterial contamination and biofilm formation. Their compatibility with other antimicrobial agents also enables synergistic effects, enhancing their overall

efficacy^{6,13,78}. The regulatory landscape for biosurfactants like SLs is still evolving, and gaining approval for their use in specific applications, particularly in the healthcare and food industries, may be time-consuming and costly. Additionally, market acceptance of sophorolipid-based products may be hindered by competition from well-established synthetic surfactants, which are often cheaper and have a longer track record of use.

Conclusion

The present study has successfully demonstrated the bioconversion of industrial oil refinery by-product, PFAD, into valuable SLs using the yeast strain *Starmerella bombicola* MTCC 1910. The utilization of these low-cost, waste-derived substrates not only led to an enhanced production yield of SLs compared to traditional sunflower oil but also resulted in SLs with superior surface activity and emulsification properties. These findings highlight the dual advantage of using oil refinery by-products for SLs production, not only is waste effectively valorized, but also the resulting biosurfactants possess significant bioactive properties. This suggests that SLs derived from PFAD can be effectively employed in various biotechnological and medical applications, including antimicrobial formulations, biofilm control strategies, and antifungal therapies. Future research should focus on scaling up the production process and exploring the broader spectrum of biological activities of these biosurfactants, thus contributing to sustainable industrial practices and the advancement of green chemistry.

Conflict of interest

The authors declared no conflicts of interest with respect to the research, authorship, and/or publication of this article.

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Supplementary Information

Supplementary information is available on the website <http://nopr.niscpr.res.in/handle/123456789>.

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